







Impact Café: Findings on 4 Key Areas of the Convention of the Rights of the Child

Heart-Centered Leadership Foundation

Aruba Youth impact

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Table of Contents

l.	Introduction	3
II.	Project Description 1. Goal 2. Objectives 3. Group Facilitators 4. Event Agenda	4 4 5 5 5
III.	Results 1. Analysis 2. Results	6 6 6
	Education	7
	Health	9
	Participation	11
	Protection	12
Thanks	and Gratitude	15
Append	lices	
С	omplete overview of results Impact Café	17



I. Introduction

Aruba Youth Impact (AYI) is a newly launched national youth platform for the youth by the youth. As an initiative of **Heart-Centered Leadership Foundation**, the youth platform grew out of the foundation's philosophy: connecting youth to their heart, their passion, and their purpose.

AYI flourished from working together with young people who showed an interest in becoming actively involved in community development and change; young people who expressed concerns about their community but not getting the opportunities to openly and actively work on initiating change.

AYI aims to provide young people between the ages of 14 and 25 the opportunity to have their say and be actively involved as *impacters* in their community. Through participation in AYI, young people will promote participatory action, enable the development of awareness and untapped skills that unleash their full potential.

AYI's first pilot project is <u>Impact Café:</u> a series of gatherings with the aim of engaging young people in conversation and discussing challenges and solutions on different topics. Through these Impact Cafés, young people can share knowledge and experiences on different topics they confront as part of the youth of Aruba.

The first edition of Impact Café was held in July 2018 during the school holidays. Held on three (3) consecutive Saturdays, the sessions were held in the districts of San Nicolas, Paradera and Noord.

The project counted with 43 participants, ranging from ages 13 to 21, and hailing from all over the island.

The project was co-financed by CEDE Aruba, with support by Futura and Aruba's SDG Commission. Sponsors of the first three Impact Cafés included Aruba Tourism Authority, Compra Ltd., Sams, Office Systems.

This report will showcase the results of the three Impact Cafés hosted in July: the information gathered with regards to the good, the bad, and the solutions proposed by participants on the topics of education, health, participation and protection in Aruba.



II. Project Description

Impact Café is a series of gatherings where the goal is to create and promote a safe space where young people can come together, share ideas, and propose solutions to issues they experience in their community, at school, at home. Impact Café offers young people the opportunity to have their voices heard and empowers them to become *impacters* in their lives and in their community.

The idea behind the Impact Café comes from the World Café model, in which the purpose is to create collaborative and participatory dialogue: encourage conversation as a means of sharing knowledge and shaping our future. The name for Impact Café comes from the possibility of initiating Impact through dialogue and together shaping what youth want to see change in their surroundings.

The basis for the first Impact Café is the United Nations Convention on the Rights of the Child (UNCRC) and four key areas: Education, Health, Participation and Protection. In 2015, a report was published on The Situation of Children and Adolescents in Aruba, indicating key findings and proposed recommendations to promote the health, education, participation and protection of children and adolescents (and women). Building from these findings, the aim is to engage young people participating in the Impact Café in expressing their experiences with these 4 areas and what solutions they propose for the years to come.

The mission of the Impact Café aligns with the promotion of the Sustainable Development Goals (SDGs) in Aruba: the four aspects of protection, participation, health, and education are reflected in SDG 3 'Good Health and Well-Being', SDG 4

'Quality Education', SDG 10 'Reduced Inequalities', SDG 16 'Peace, Justice, and Strong Institutions', and SDG 17 'Partnership For The Goals'. As a youth organization promoting participation, inclusion, and engagement, Heart-Centered Leadership Foundation and AYI encourages the participation of young people in decision making initiatives. Through conversations about these four areas, ideas and solutions can



be presented by young people contributing to the achievement of SDGs in Aruba.

II.1 Goal

To engage youth in dialogue about challenges and ideas and propose active solutions that are relevant and important to their experiences and realities as youth on Aruba

¹1 The World Café (2019). World Cafe Method



II.2 Objectives

- 1. To organize 3 Impact Cafés in 3 districts in Aruba for a total of 60 participants between the ages of 14 21
- 2. To initiate youth-centered dialogue revolving around 4 key areas in the Convention on the Rights of the Child: Education, Health, Participation and Protection
- 3. To come with solutions to concerns regarding the 4 key areas (Education, Health, Participation and Protection) from the point of view of young people
- 4. To present the collected solutions from 3 Impact Cafés to relevant private and public sector stakeholders.

II.3 Group Facilitators

To facilitate the group process, Impact Café has a set of youth group facilitators, called host and co-hosts. The role of the host and co-host is to assist in small groups, facilitate conversation, and encourage and stimulate participation by supporting the participants through listening, asking follow-up questions, and helping create a safe space where participants feel comfortable talking



and sharing. Each host is supported by a co-host, who helps observe, take notes, assist the host and support the participants. To prepare the hosts and co-hosts for their role and responsibilities during the events, a group dynamics workshops was organized, facilitated by Ms. Clementia Eugene.

II.4 Event Agenda

The program of each Impact Café counted with an icebreaker, breaking the participants into groups of 5, and then going into two rounds. The first round was known as 'The Good and The Bad', in which each group received 5 minutes at each 'table' that represented one of the four topics. At each table, the participants had to write down on post-it notes what they found good (orange post-it notes) and what they found bad (yellow post-it notes) about each topic. After each group had visited one of the 4 'tables', the next round was announced: 'The Solutions' round, where they had 20 minutes at each table to discuss and propose solutions to different challenges in each topic.



III. Results

Three Impact Cafés were held in July 2018. The first one in San Nicolas on Saturday, 7 July 2018; the second on Saturday, 14 July 2018 in Paradera; and the final one in Noord on Saturday, 21 July 2018.

Participants	Ages	Schools
Total: 43	13 – 21	EPB Hato,
• Female: 37	67% between ages of	Avond Mavo,
• Male: 3	16 and 19 years old	Avond Havo,
• Unknown: 3		Colegio Arubano,
		Colegio San Nicolas, Filomena College
		Mavo,
		Ibero American High School,
		EPI,
		Maria College Mavo,
		Colegio San Antonio, and
		Ceque College.
		A couple of participants completed
		their education at EPB or recently
		obtained their GED certificate.
		One participant was attending the
		University of Leiden in the Netherlands

III.1 Analysis

Heart-Centered Youth Leaders of the Heart-Centered Leadership Foundation and a student volunteer from the University of Aruba's Social Work and Development program helped compile all the written data obtained from the three Impact Cafés. Information was transferred digitally into Excel sheets, where they were then divided into categories relating to the 4 main topics.

III.2 Results

During the three (3) Impact Cafés, participants wrote down their experiences, thoughts and solutions on sticky notes. Below is an overview of each main topic, and the categories that they were subdivided into. For example, under the main topic EDUCATION, there were categories such as: Education System, After School, School Buildings, while the main topic of HEALTH has categories such as Health Care, Agriculture, Food/Consumption. The presented results are a summary of the collected information. The complete overview can be found in a separate digital format.





10 lend Inom sha h081."		EDUCATION	
Category	Good	Bad	Solutions
EDUCATION SYSTEM	Opportunity to obtain high quality education	Opportunities to study are not distributed equally to all students	Create special curriculums for the career path of the students' choice, that way (during their early years of academic development) they will already know what career they want to pursue
	School helps us with personal development	The system of the school neglects students with social issues.	Create an anonymous box where all students can express their concerns or opinions regarding their school to give school space for improvement
TEACHERS	Good teachers that are willing to help and support you	Teachers have a tendency to teach class with a lack of enthusiasm	Provide trainings in order for teachers to improve their way of teaching lessons
		Teachers don't always know to teach a subject properly	Place more pressure onto inspection department to observe teachers behaviors, teaching mannerisms and teachers credibility at school
AFTER SCHOOL	Schools organize activities/events	Not enough after school activities for students of all ages to participate in	Implement more social clubs in school's curriculum and ensure that they receive extra credit for being a part of one.
'BLIJVEN ZITTEN'		We don't have summer school; to help students who struggle with subject material	Students should be given the opportunity to improve their grades in the summer, as to avoid the prospect of staying back ('blijven zitten'). Introduce summer school as a means for students to avoid wasting a whole school year
		Exams are made in English but students are obligated to answer questions in Dutch. (Another reason why students stay back)	If it's an exam for English Language, just make it in English
STANDAR- DIZATION		In Colegio the standardization comes from The Netherlands, it isn't fair that you receive 1.9+ points for Spanish and 0.7 points for Dutch. (A language that can be difficult for most to dominate)	Bring forth a Exam Bureau where students with difficulties have the opportunity to receive extra points to accommodate their overall scores

to load to the heart	Ą

SCHOOL		Unable to pursue my studies because it's not affordable	Give sustenance, guide and aid to facilitate students in need of financial support to obtain a good education
COSTS / EXPENSES		School material is not affordable	Create fundraising or save up money to help facilitate students in need of financial support to pursue their studies
SCHOOL BUILDINGS		Government's lack of motivation to restore school buildings in poor conditions	Renovate outdated school buildings
		Schools aren't wheelchair friendly	Adapt school buildings to be more accessible to people with disabilities (wheelchair friendly)
BULLYING / ABUSE		The way that school handles cases such as bullying at school or abuse at home is not adequate	Create a safe box where all students can express their difficult circumstances at school or at home for school to provide a solution. Principals will be consulted to take measures of the situation.
DISABILITIES		Not enough schools for students with down syndrome or disabilities	Government must invest capital into developing modern, standard level of education schools for people with down syndrome or disabilities
SCHOOL COUNSELORS	There are people in school that are always willing to give a helping hand	Lack of internal care structure at school	Provide schools with more school counselors to help them with personal growth and academic development
PERMIT / LEGAL STATUS		It's difficult for students of age to obtain a permit to study in Aruba	Give people the opportunity to obtain a good education while their permit is in the process of being completed and finalized
PHYSICAL EDUCATION	LO in school (gym les)	Gym classes in school don't contain a variation of physical activities (mostly running)	Self-defense class in gym (school)



10 lend In-m the hear		HEALTH	
Category	Good	Bad	Solutions
Health Care	We have AZV that helps us with health insurance IIIIIII	AZV doesn't send patients in need of urgent care abroad on time	Government must invest capital into wholesome cost opportunities in order to equally provide medical health treatments or medical care that they desperately need
Agriculture	We are able to plant and engage in a healthier lifestyle		We must engage in plantation of our own resources (fruits, veggies, etc.) Workshops instructing how to cultivate a healthier lifestyle
Dentists	All dentist equipment are clean to avoid the prospect of patients contracting dental illnesses	AZV doesn't cover dental braces fees after you've reached 18	
Recreation/ Sport	All sports centers are great for motivating and stimulating a healthier lifestyle	People do not engage in work out activities	Raise awareness and educate people on healthy lifestyles
	We have activities around the island that promote good health and exercising	People are conscious of the risks of having an unhealthy lifestyle, they simply choose not to cultivate a healthier lifestyle	
Health in Schools	School upholds a good standard for maintenance of the food given to students	School cantinas have low maintenance, resulting in food being made in a filthy environment School cantinas sell unhealthy food at irrational prices	Have healthier and cleaner cantinas in school Require inspections for all school cantinas to solve food related problems and create room for improvement
Prevention	Famia Plania helps educate and provide aid to young people		

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to lead to the heart	

	WGK implicates close attention to obesity (causes, preventions, statistics)		
		Not enough activities/events raising awareness for mental, physical and emotional health	Make well-being and mental health of all people a priority in Aruba
			Workshops/Debates to emphasize and promote the importance of mental health
Food / Consumption	Variation of supermarkets that provide healthy food alternatives	People do not consume healthy and nutritious food	Prices for junk food/unhealthy foods must increase (to demotivate consumers from buying it)
		Healthy foods are immensely expensive	Make healthier foods more affordable
Doctors/ Facilities	General practitioners ('huisdokters')	It takes far too long to have a doctor's appointment	We need to have more doctors, accredited specialists, nurses working in the health department
		Waiting list for specialists are far too long	We need to have more doctors, accredited specialists, nurses working in the health department IIII
		Patients in need of urgent medical assistance or not treated attentively	Doctors must give attentive medical attention to patients in need of it
	We able to make use of hospital, clinics, doctors health and medical services	Medical health facilities have old machines and useless equipment that aren't efficient enough to help diagnoses or discoveries	Better and faster medical urgent assistance to people in clinics or hospitals with critical condition II



		PARTICIPATION	
Category	Good	Bad	Solutions
Sports	Participate/ train different sports (football, volley)	Competition Limitations to the sport of your choice	Organize more sports activities and courses
	Sports as a way to follow dreams	You are ridiculed if you use sport as a means to lose weight	Give motivation to those who aspire to have a healthier lifestyle through sports
	Sports as a means to reduce stress	Unable to participate in sports due to (their) parents	
		Unable to participate in sports because of cost expenses II	Government can invest more capital into sport and culture
			Collect/Recycle/Reuse Sports Materials that are still in good condition so others in need of it may use it
Personal Development	Insight II (seminar) Debates	Sometimes Seminars/Trainings can be expensive	More seminars/trainings that encourage teamwork and creativity
	Step outside of your comfort zone		Teach and encourage youngsters to expand their comfort zones
Participation and	Opportunity to participate in seminars gives us the chance to develop ourselves.	Insufficient Seminars/Trainings/ that give youngsters opportunity to express opinions	Implement more ice breaker activities
Engagement	Opportunity to socialize and connect with people	Unable to express yourself fully through fear of judgment	More programs for self-esteem development and development of character
		Youngsters are ridiculed, their opinions aren't validated	Give broad variation of activities/workshops for youngsters to learn from II

10 hours and books			
Parental Involvement	Parents can applaud you and help you reach your objectives	Parents make it difficult for youngsters to approach them Youngsters are unable to express themselves because their parents	Guidance/Seminars for parents on how to raise/treat their children Parents must motivate and support their children to create an open and trustworthy atmosphere
Inclusiveness	People of all social class are able to express themselves	Unable to express opinion, because I'm a foreigner	If we implement equal participation no one will be left behind
	Civil society participation of all people decreases the pressure that the government has to persevere with everything	A lot of the youth are segregated Most of the time, the youth are not included Youth don't receive enough chances to provide their perspective to social issues	More youth inclusive events where they can be themselves without fear of judgment
		Children/People with disabilities are denied participation	Show the abilities of people with disabilities through documentaries, movies, shows Educate children and adults alike to treat people with disabilities with respect
			,

	PROTECTION				
Category	Good	Bad	Solutions		
Sexuality	I'm comfortable with my sexuality	Insufficient sexual education	Start to educate children at a very young age		
		In our society, it is still taboo to speak of our sexuality	Let children decide their own faith, don't force them to believe something		
		Unable to express concerns about sexuality, because it isn't openly spoken about in our society			
		LGBTQ+ people feel unsafe in the community, fear others will harm them for being themselves			

Public Safety	A safe neighborhood that I can count on	Unable to walk safely in my neighborhood due to assassinations	Implement Neighborhood Watch
	Aruba feels safer than most places around the world	Insufficient vigilance/security in the neighborhoods	
		Unable to walk alone at night	
		Insufficient protection and attention	
		Cat call	
		Inappropriate people walking the same street as me	
Family	Friends and family can make you feel safe	Unable to feel safe because of my parents Sexual abuse in families	A seminar/training that teaches father, mother, guardians how to recognize abuse and how to deal with it
		Children and adults that come from broken homes of abuse, molestation, etc.	
Social Services	We have a variation of different foundations that help people that also have a confidentiality policy	Unfortunately not everyone gets the help that they need	Anyone who is in bad situation or comes from a broken home should be provided with immediate social services
	There are people that can help you		Every school in Aruba needs a psychologist or a social worker
Law and Justice	We have a low criminality rate compared to other countries	Too many unsolved/closed cases regarding sexual assault / murder, etc.	Make an after prison program, in order to help them rehabilitate in our society a civil and wholesome person

Criminals are not given adequate prison sentences, therefore they are consistently in

Police pay attention to the wrong things

and out of prison

We have police and

ambulance

Police

Give youngsters in prison guidance and help

their sentence

them rehabilitate into society when they finish

Police officers must recognize all kinds of crime

to lead from the heart

to local time sha netter		We have a lot of police, but we still don't feel safe Insufficient police vigilance in the neighborhoods	
Health Care	We have organizations that provide you with methods to avoid pregnancy	Teenagers engage in sex through curiosity, but get pregnant due to insufficient sexual education	Educate young people through sexual education programs at school on how to engage safe sex
Assault / Harassment		People get physically/sexually assaulted and public services react when it's too late Cat calling	Awareness programs about sexual/verbal/physical assault Self-defense class in gym (school)
School	Bullying in school has decreased due to awareness	People still engage in bullying at school Problems such as bullying or abuse in school is never resolved	Consequences for bullying/mistreatment of others in school If all students cooperate together, we can prevent the prospect of bullying
		Students are not provided with sufficient help to their issues	Teachers must be given trainings to be equipped and prepared to handle difficult matters that students may have Implement a new system in school in which students in need of help can communicate their troubles through the use of a safe box
Disability		People have a tendency to underestimate people with disabilities and treat them as if they were insignificant	Bring awareness campaigns regarding people with disabilities and how to be cautious of it in a humane way
Community	There will always be someone who can relate to what you are going through	Unable to be yourself due to fear of judgment	Safer environments that are free of judgment to be ourselves More space for us to express ourselves openly



Thanks and Gratitude

The launch of Impact Café would not have been possible without the helping hands and hearts of our youth team, volunteers, and sponsors. On behalf of Heart-Centered Leadership Foundation and Aruba Youth Impact, we would like to thank CEDE Aruba for financing the project. Thank you for standing by us and believing in our work with and for our youth!

A heartfelt thank you to **Futura** and **Aruba SDG Commission** for believing in our project and helping us connect with other organizations. Thank you to our sponsors **Office Systems** for providing the materials used during the Impact Cafés, to **Sams** for providing gift certificates that were raffled among the participants, to **Aruba Tourism Authority** for sponsoring the filming of the Paradera Impact Café, and to **Compra Ltd**. for sponsoring snacks and drinks for the activities.

A big thank you to **Ms. Clementia Eugene** for helping behind the scenes and providing a wonderful and interactive workshop for our 'hosts' to learn the basics of group dynamics.

And finally, thank you to the volunteers, our **Impact Café Team**, who were busy behind the scenes before, during, and after each Impact Café activity. At the head of the team was **Xaui Thijsen**, our team leader. Thank you for showing true leadership, and for exemplifying what it means to be a heart-centered leader! Thank you Xaui!

Impact Café Team

Xaui Thijsen Ashna Thijsen Shealah Maduro

Tracey Werleman Julie Duran Mariana da Silva de Sousa

Nathan Tromp Haddasah Lamarre Beonnie Brete

Impact Café volunteers

Ucheanne Eugene Alyssa Singh Shandwin Simon

Ghislaine Yrausquin







	EDUCATION			
Category	GOOD	BAD	SOLUTION	
Teachers	Teachers can make your opinions feel valid	Teachers have a tendency to teach classes with lack of enthusiasm	Place more pressure onto inspection department to observe teachers' behaviors, teaching mannerisms and	
	Good teachers that are willing to help and support you III	Teachers don't always know to teach a subject properly	teachers credibility at school	
		Teachers have a tendency to pick on students in class	Before teachers are hired for jobs, they must go through a procedure of credibility and adequacy; to see if they are fit for the job	
		Teachers do not realize the immense responsibility they have for students' individual growth in school, only work for the money	Give the teachers trainings in order for them to improve their way of teaching lessons II	
		Insufficient teachers at school Teachers have a tendency to compare students to others, creating inferiority complex		
		Not enough teachers that are equipped to handle students with difficult circumstances		
		Teachers don't help students sufficiently enough for them to succeed IIII		



Education System / School	Schools helps us learn new things School is good because you obtain information and a good education there	Learning insignificant information in certain subjects In many different subjects, certain themes and concepts are brought that can be very foreign to us, therefore making it difficult to comprehend the overall lesson Cantina foods are gross and unhealthy	Make exams with realistic situations that can take place in Aruba, not The Netherlands Give lessons about Aruba's history Provide healthier and more affordable food alternatives Cantina has to pay more attention to
Education System / School	Everyone has the right to reach their objectives	Schools do not educate students of Aruba's history	students
(continued)	If you fulfill your academic potential during your years of school, you can accomplish a lot		
	School helps us with personal development Socialize II	The system of the school neglects students with social issues	Create an anonymous box where all students can express their concerns or opinions regarding their school to give school space for improvement
	You become more disciplined and responsible	Some (school) rules have no legitimate use	
	We have different variation of education levels for each criteria of student	Students that take longer to comprehend subject material are perceived as unintelligent	
		Colegio reinforces this idea that they are superior to other schools Negative separation between different levels of schools	Schools need to create more opportunity for every school to work together (regardless of the level) instead of competing against each other
		levels of scrioois	outei



	We have the opportunity to learn and practice different languages III	Mavo schools give a lot of theoretical teachings and not enough practical ones II Insufficient variation of subjects	Introduce practical education to all school systems (regardless of level) so that students can take action and be more interactive with their academic development
	We have the opportunity to study in Aruba or abroad We have the opportunity to obtain a high level of education	Opportunities to study are not distributed equally to all students	Create special curriculums for the career path of the students' choice, that way (during their early years of academic development) they will already know what career they want to pursue
		White and Green (chalk) boards should not be standard for teaching subjects anymore	Introduce laptops, beamer, flat screens, as a new means for education. A modern system for students to obtain a high level of education
	Leerplicht is good, because it keeps children in school		
Clubs / After School Activities	School organizes events/ activities II	Not enough after school activities for students of all ages to participate in II Not enough social clubs in school	Implement more social clubs in school's curriculum and ensure that they receive extra credit for being a part of one Organize more after school activities Give each school grade a student body representative to vocalize and implement their concerns
	After class detention, teaches you to learn from your mistakes		



	We have access to extra classes that help improve our overall academic performance		
Summer School /'Blijven zitten'		We don't have summer school; If you stay back, you have to repeat the whole year	Students should be given the opportunity to improve their grades in the summer, as to avoid the prospect of staying back
		We don't have summer school; to help students who struggles with subject material	Introduce summer school as a means for students to avoid wasting a whole school year
		School rules are too strict; you can stay back in a grade for the sake of missing 1.10 extra point for one subject	
		Students drop out of school, because they didn't pass the grade for the sake of missing 1.10 extra point for one subject	
		Exams are made in English but students are obligated to answer questions in Dutch. (Another reason why students stay back)	If it's an exam for English Language, just make it in English
School Buildings		Government's lack of motivation to restore school buildings in poor conditions	Renovate outdated school buildings that need restoration
		School buildings are too old and outdated	Urgently renovate Filomena MAVO school building and build a gym facility
		Schools aren't wheelchair friendly	Adapt school buildings to be more accessible to people with disabilities (wheelchair friendly)
Bullying / Abuse	_	I'm in need of attention	Teach children from a very young age how to treat people



		Bullies in school tend to decrease my enthusiasm to pursue my studies The way that school handles cases such as bullying at school or abuse at home is not adequate II	Create a safe box where all students can express their difficult circumstances at school or at home for school to provide a solution. Principals will be consulted to take measures of the situation.
Transportation		Transportation is not accessible for all students around Aruba	Give bus drivers more variation in the routes that they can take to reach their general destination
Standardization /'Normering'		In Colegio the standardization comes from The Netherlands, it isn't fair that you receive 1.9+ points for Spanish and 0.7 points for Dutch. (A language that can be difficult for most to dominate)	Bring forth a Exam Bureau where students with difficulties have the opportunity to receive extra points to accommodate their overall scores
Disability		Not enough schools for students with down syndrome or disabilities We don't have high school or universities for students with down syndrome or disabilities People with down syndrome or disabilities aren't able to obtain education at a high level	Government must invest capital into developing modern, standard level of education schools for people with down syndrome or disabilities
School counselors / 'Zorg'	There are people in school that are always willing to give a helping hand	Not enough social workers, psychologists, remedial teachers Lack of internal care structure at school Not enough psychologists or social workers that speak Papiamento	Provide schools with more school counselors to help them personal growth and academic development II



Permit / Legal Status		It's difficult for students of age to obtain a permit to study in Aruba It's difficult for children to obtain a good education if they aren't from here and if they don't have paper of 5fl	Give people the opportunity to obtain a good education while their permit is in the process of being completed and finalized
School cost / expenses		School material is not affordable III Schools don't work with agreement of payment for those unable to pay consistently Unable to pursue my studies because it's not affordable III	Create fundraising or save up money to help facilitate students in need of financial support to pursue their studies Give sustenance, guide and aid to facilitate students in need of financial support to obtain a good education Government needs to create fundraisings or make donations to schools, so that all students can afford school material II
Physical Education	LO in school (gym les)	Gym classes in school don't contain a variation of physical activities (mostly running)	Self-defense class in gym (school)

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	HEALTH			
Category	GOOD	BAD	SOLUTION	
Health Care	AZV is available to all Aruban residents We have AZV that helps us with health insurance IIIIII	AZV doesn't send patients in need of urgent care abroad on time Waiting list is far too long	Government must invest capital into wholesome cost opportunities in order to equally provide medical health treatments or medical care that they desperately need	
	AZV covers our medical expenses IIII We get good health service in Aruba	Patients don't receive the help that they need and are constantly sent to Colombia for check-up	AZV must cover all health/medical related expenses	
	We all have a right to obtain AZV (healthcare)		Implement a system into the health sector where all people receive medical care that they need regardless of what must be treated	
	Medical health system for people with cancer		Have broader variation of specialists and better equipped doctors on the island IIII	
			Make better discoveries and researches of the kind of things that make people sick	
	We have access to health insurance unlike other countries	Foreigners aren't able to easily receive medical help/attention	Implement initiative systems in clinics and hospitals for foreigners	
Agriculture	We are able to plant and engage in a healthier lifestyle		We must engage in plantation of our own resources (fruits, veggies, etc.).	



Agriculture (continued)			Workshops instructing how to cultivate a healthier lifestyle We must engage in plantation without the use of GMO Government must not invest capital nor endorse malicious organizations. They must invest and endorse in major eco/innovative organizations Workshops instructing how to plant at home Government must invest capital into a Farm corporation where people can come and buy freshhealthy grown resources Providing safe air and water for all people must become a priority in Aruba
Dentists	All dentist equipment are clean to avoid the prospect of patients contracting dental illnesses	AZV doesn't cover dental braces fees after you've reached 18 AZV doesn't cover dentist appointment fees	
Recreation / Sport	All sports centers are great for motivating and stimulating a healthier lifestyle	People do not engage in work out activities Not enough sport groups/ clubs for different types of sports	Raise awareness and educate people on healthy lifestyles
	You're able to go for a run and walk		



		Not enough activities for children to part-take in	
	IBISA Center	Gym memberships are expensive	Promote workouts or exercising methods that don't require cost II
	Government provides bicycles in public areas for people to make use of	Not enough opportunity to engage in a healthier lifestyle	
	We have activities around the island that promote good health and	Obesity People are conscious of the risks of	
	exercising II	having an unhealthy lifestyle, they simply choose not to cultivate a healthier lifestyle	
		Insufficient health checkups for athletes	
Prevention	Wit Gele Kruis provides methods of prevention for safe sex		
	WGK implicates close attention to obesity (causes, preventions, statistics)		
	Health Bus III		
	Famia Plania helps educate and provide aid to young people		
		Not enough activities/events raising awareness for mental, physical and emotional health	Make well-being and mental health of all people a priority in Aruba
			Workshops/Debates to emphasize and promote the importance of mental health
			Educate children from a young age about the importance of mental,



			physical and emotional health (and a healthy diet) II
			Create programs in school that discuss mental health, disabilities, autism, etc. to generate awareness
Food/ Consumption	Variation of supermarkets that provide healthy food alternatives	People do not consume healthy and nutritious food	Prices for junk food/unhealthy foods must increase (to demotivate consumers from buying it)
		Healthy foods are immensely expensive IIIII	Make/sell healthier alternatives for the common foods that we all like
		Not enough restaurants that sell healthy food	Make healthier foods more affordable II
		Places that supply consumers with food often cook with toxic products that can harm our digestive system	Make healthy resources affordable (fruits, veggies, etc.)
Health in Schools	School diet programs	Not enough healthy lifestyle school programs to educate students	Implement healthy lifestyle programs in schools
			Establish school activities/events where healthy food organizations can come visits schools to generate awareness on healthy products in Aruba and how to cultivate a healthier diet
	School upholds a good standard for maintenance of the food given to students	School cantinas sell unhealthy food at irrational prices IIIIIII	Implement healthier menu options in school's cantina
		School cantinas have low maintenance, resulting in food being made in a filthy environment	Require inspections for all school cantinas to solve food related



			problems and create room for improvement Have healthier and cleaner cantinas in school IIII Visit schools and make an inspection on the inventory of the cantinas (to know what they are selling)
	Give students the option of participating in swimming classes during their academic years	Not enough academic opportunities given to athletes Swimming lessons is not a continuous sport activity in a student's academic years (stops at 3 rd grade)	Give students the option of participating in swimming classes during their academic years
Doctors / Medical facilities		Waiting list for specialists are far too long II Waiting list for The Netherlands is far too long Patients in need of urgent medical assistance or not treated attentively IIIIIIIIIIIIII	We need to have more doctors, accredited specialists, nurses working in the health department IIII Doctors must give attentive medical attention to patients in need of it We need more specialists that are equipped to treat and help people with mental illnesses
	We get equal treatment	Not enough medical assistance and attention distributed to elderly people	with the fital illitesses



		Doctors only give out Paracetamol for	
		all diagnosed pains/sickness IIIII	
		No variation in prescribed medicines/drugs	
		Not enough accredited doctors IIII	Conclude a credibility test for all doctors, nurses, specialists before they are hired for jobs
		Spurious workers in the health sector who don't know how to do their job	J J
	We able to make use of hospital, clinics, doctors health and medical services	Medical health facilities have old machines and useless equipment that aren't efficient enough to help diagnoses or discoveries II	Medical health department must be more conscious and attentive of the people in need of medical urgency
		Not enough health clinics	Medical health department must make medical urgency a priority
			Better and faster medical urgent assistance to people in clinics or hospitals with critical condition II
			New medical/health equipment in clinics and hospitals
Doctors / Medical Facilities			Petitions for government to invest capital in more medical health facilities to facilitate people in need of urgent medical assistance
(Continued)			We need more hospitals
			Build a hospital in San Nicolaas Government must invest capital and build more small medical



			centers to facilitate people (more accessibility) More control of ambulance and to have more ambulances available at clinics
		Horrible hospital service IIII	
		No security of facilitating people in need of mental health urgencies IIIII	
	General Practitioners / 'Huis dokter' We have doctors that give	It takes far too long to have a doctor's appointment	We need to have more doctors, accredited specialists, nurses working in the health department
	medical/health attention attentively	Doctors do not facilitate patients in need of urgent care	IIII
		Doctor's calligraphy is unreadable	Doctors must give attentive medical attention to patients in need of it
		Spurious doctors whom only work to receive high income earnings	
Misc.	My health and well-being could be better if I would just cultivate a healthier lifestyle	Healthy resources are expensive	Help young people acknowledge and be aware of the foundations in Aruba that can help them during
	I was raised with a healthy lifestyle	I grew up in an unhealthy environment	their personal development in life
	Less people get sick		
		Take down Citgo/ Lago; it destroys and pollutes our environment	

		PARTICIPATION	
Category	GOOD	BAD	SOLUTION



Sports	Train volley	Limitations to the sport of your choice	Organize more sports activities and courses
	Football	Competition	
	Participate in Sports		
	Sports as a way to follow dreams	You are ridiculed if you use sport as a means to lose weight	Give motivation to those who aspire to have a healthier lifestyle through sports
	Sports as a means to reduce stress	Unable to participate in sports due to (their) parents	
	Socializing with other people when participating in sports		
	Healthier lifestyle	Sport opportunities are limited to those whom are overweight	
		Unable to participate in sports because of cost expenses II	Our community can help donate funds so that sports can be financially accessible to everyone
			Government can invest more capital into sport and culture
			Collect/Recycle/Reuse Sports Materials that are still in good condition so others in need of it may use it
			Schools can help youngsters with payments for them to participate in sports
		Discrimination in sports	



		Girls are ridiculed for participating in sports	
		Girls need to be given same opportunities as boys to play sports that they desire	
Personal Development	Insight II (seminar)	Sometimes Seminars/Trainings can be expensive	More seminars/trainings that encourage teamwork and creativity
	Debates	Distrust in Seminars/Trainings intentions with our opinions II	Teach and encourage youngsters to expand their comfort zones
		Youngster not aware of outlets for expression such as these seminars / trainings	
	Step outside of your comfort zone	Getting out of your comfort zone	
Participation and	HCLF II		More Aruba Doet, HCLF, PH, CKI
Engagement	Parlamento Hubenil II		
	Feria Social		
	Events are introducing broader range of age participation		More programs for young people of a broader age range to contribute their opinions
	Opportunity to participate in seminars gives us the chance to develop ourselves.	Insufficient Seminars/Trainings/ that give youngsters opportunity to express opinions	Implement more ice breaker activities
	Most Seminars/Trainings do not charge youngsters	Insufficient promotion/propaganda of seminar/trainings for youngsters	



		Too many events that distract youth from important matters	
	Opportunity to socialize and connect with people IIIIIIIII	Unable to express yourself fully through fear of judgment IIII	Give broad variation of activities/workshops for youngsters to learn from II
	Opportunity to learn new things	Youngsters are ridiculed, their opinions aren't validated	More programs that create union and strength between young people
Participation and Engagement (continued)	Opportunity to express yourself		More programs for self-esteem development and development of character
	Impact Café providing opportunity for youngsters to speak their mind Formation of "verbindings" that will be beneficial to Aruba		Start a national campaign that promotes the initiatives for participation; make community aware of all trainings that they can get involved with.
	triat will be beneficial to Araba		Center of Neighborhood must inquire more activities for youngsters II
			More activities that promote/market based on attracting more youngsters II
			Persuade parents to allow their children to participate in more youngster activities II
			Ask our community of young people for their input in future youth activities/trainings, etc.



			More technology-wise activities to attract youngsters
School / Extra curricular	School	The potential of student is always underestimated II	Companies should be open to students at different ages to do internship and part-time jobs to broaden their knowledge, skills, and attitude
	Filomena in action	Not enough Circle K groups in schools	More after school activities II
	We are able to become members of groups such as Kiwanis II	Not enough places for the student to go to after school	We need a student body president that can be the voice for students in each school
	Being active in a club has positive effects on students	Not enough activities at school	More opportunities made for
	positive effects off students		students to socialize and form bonds as a school
		School obligates you do take subjects that you don't like III	We must respect the decision of the student if they choose not to take part in a subject
			Give students the option to replace their most disliked subject, with one that they enjoy
			Give students a more extensive curriculum of subjects to study from, after a year, let them decide what they would like to continue studying
			If a student is unable to complete a subject for any reason, give them the option to complete it through a different medium of work



		Society enforces this standard that students must finish school at a certain age range to be worthy	
	We can make use of counselor services II	No school counselors	Schools need more school counselors
	We are able to make use of school counselors services for self-expression		
	We benefit from learning variation of languages in school		We need an equal amount of teachers and classrooms
	Participation in class enhances your learning abilities		
	Opportunity to socialize at school		
Parental Involvement	Parents can applaud you and help you reach your objectives	Parents make it difficult for youngsters to approach them	Guidance/Seminars for parents on how to raise/treat their children
		Youngsters are unable to express themselves because their parents	Parents must accept their children for who they are
			Parents must motivate and support their children to create an open and trustworthy atmosphere



		Parents don't have time for their children due to their work	Social services must pay regular visits to homes of families with issues
		Parents don't give their children the support that they need to grow	Parents must give their children opportunity to express themselves and listen to what they have to say
			Families should make a schedule for quality time II
			Parents must pay more attention to family activities, instead of wasting time on technology
Volunteering	Possibility to volunteer at many different places	It's obligatory to participate in volunteer work II	More volunteer work projects in the neighborhoods that's inclusive for everyone
	Aruba Doet		More Aruba Doet
	Help navigate neighborhoods into better direction in a short span of time		
	Opportunity to grow		
	You can learn from people		
	Socialize II		
	Gain Experience		
	Be example for others		



	Help others/ good cause by participating in volunteer work III I LOVE VOLUNTEERING		
Respect / Opinions		Being unable to participate in something, because you feel insignificant II No respect or regard for others opinions or state of mind IIII Judgment III Adults do not want to listen to opinions	Respect everyone Be kind to others Educate people through seminars to treat others better Have trust in yourself that everything will be good Everyone must be conscious that we
		of the youth II People take advantage of others Unable to give opinion in a civilized manner Unable to communicate with others because of phones/social media	all of different opinions and mentality that should be respected Give and receive opinions in an open and civilized manner. Motivate and help others to do better Do not attempt to change others People must not meddle with personal information of others Be open and clarify your concerns with people in order to stimulate comfortability and better understanding



			Security at school
		0.11.1	
	People may dislike you, but they respect you	Bullying	Consequences for bully/mistreatment of others
	You have the right to express your sentiments	People who belittle others	Respect everyone
	3	People want to see you become better,	Be kind to others
	We all have the ability to express our opinions	but not better than them	
		Rude people	
Inclusiveness	People of all social class are able to express themselves	Unable to express opinion, because I'm a foreigner	If we implement equal participation no one will be left behind
		Limited opportunity	
		Some are not given a fair chance	
		Events that require participation are not always accessible	Activities in the neighborhoods for all ages
		Not everyone can participate in certain things	Show the abilities of people with disabilities through documentaries, movies, shows
		People with disabilities aren't accepted	
		in our society (Mucha/Hende Special)	Educate children and adults alike to treat people with disabilities with
Inclusiveness		Children/People with disabilities are denied participation	respect
(Continued)		·	Objectives can be reached if there
		Not enough events for people with disabilities/ mucha special	exists cooperation between everyone
			If everyone works together, we can resolve social issues



	Civil society participation of all	A lot of the youth are segregated	More youth inclusive events where
	people decreases the pressure that the government has to persevere with everything	Most of the time, the youth are not included	they can be themselves without fear of judgment II
		Youth don't receive enough chances to provide their perspective to social issues	Create dates for meetings in which young people can come together daily to provide solutions to social problems
		Young people aren't able to attend many participative events	Organize more events like "Voice of the Youth" or "Impact Café"
		Not enough participative events that include young people or elderly people II	Give those events more publicity and implement the solutions that the youngsters have given
	Everyone works together achieve their objectives II	It can be difficult to work together to reach objectives II	
		Lots of individualism in the community	
		Some people have an egotistic mentality, where they don't work for the better good of the island, but for their own gain	
		Insufficient transportation accessibility	Make broader variations of bus routes and adjust regular time shifts for better accessibility
Art	Dance	Not enough conventions for people to demonstrate their talents	Art for all ages
	We have different groups of dance that you can participate in	Not enough art activities	Bring more conventions like art rules Aruba
		Not enough activities for art, dance, music, theater, modeling, etc.	Make art activities more affordable
			Give CKV class more than 6 times a week, for students to create art



			competition or art activities for more students to work on their potential Give opportunity for people to demonstrate their talents
Misc.	Culture Carnaval	Honesty Seriousness Not enough attention is given to nature Drugs	More love We must listen to people more often
		Too many people live their lives on social media	Don't give children technological devices until a decent age

	Protection			
Category	GOOD	BAD	SOLUTION	
Sexuality	I'm comfortable with my sexuality	Insufficient sexual education	Start to educate children at a very	
	II		young age	
		Sexual education isn't taught at home		
			Let children decide their own faith,	
			don't force them to believe	
			something	
		In our society, it is still taboo to speak		
		of our sexuality		
		Unable to express concerns about		
		sexuality, because it isn't openly		
		spoken about in our society		
		Same sex couples can't live a normal		
		life		



		T	
		Same sex couples are still seen as a something fractured LGBTQ+ people feel unsafe in the community; fear others will harm them for being themselves Same sex couples can't walk around without getting verbally/physically assaulted	
Public Safety	Neighborhood Watch A safe neighborhood that I can count on II	Unable to leave your car parked anywhere, possibility of people stealing/breaking in Unable to walk safely in my neighborhood due to assassinations Unable to walk or run safely in my neighborhood due to the amount of vicious dogs that roam the streets without owners' vigilance I don't feel safe in Rancho	Implement Neighborhood Watch Security cameras in neighborhoods and in the streets
	Aruba feels safer than most places around the world II You can walk liberally at night, unlike other countries	Insufficient vigilance/security in the neighborhoods II Unable to walk alone at night II Unable to feel safe in the streets II	
	Many public areas are safe, no violence We are able to go out knowing we will be safe	Certain public areas in Aruba need more security e.g. KFC Oranjestad Aruba doesn't have the standard of protection anymore	



	There have been instances in Aruba where I feel safe Police outside of clubs for example Gusto Access to security system	Unable to feel safe at work place	
	Security cameras		
Dublic Cofety	Almost everyone has place to live	Homeless people make people feel unsafe	Homeless people make people feel unsafe
Public Safety (continued)		Insufficient protection and attention	Self-defense classes for children, teens, adults, etc.
		Cat call IIII	, ,
		Inappropriate people walking the same street as me	
		Unable to feel safe in public rest rooms Robbery	
		Taxi drivers or Police Officers	
		working/driving under the influence	
		Irresponsible driving	
		Insufficient safety control for the sex workers in San Nicolas	Safer environment and secured place for sex workers to work in
		Stop sex workers	Keep control of messages and requests that sex workers receive to ensure that they are safe
		Wild fires in the woods	



		Unable to feel safe due to the Venezuela situation	
Family	Parents protect and love their children I feel safe at home with my family I feel safe at home	Unable to feel safe because of my parents Unable to feel safe at home due to prospect of sexual/physical/verbal abuse Unable to sleep peacefully because I	A seminar/ training that teaches father, mother, guardians how to recognize abuse and how to deal with it
	I can count on my family if I am in need of help	don't feel safe Sexual abuse in families	
	Friends and family can make you feel safe II	Children and adults that come from broken homes of abuse, molestation, etc.	
		Parents do not give their children sufficient time, care and attention (waste time on electronics)	
Social Services	There are people that can help you (Bureau) Sostenemi Social workers are always willing	Unfortunately not everyone gets the help that they need	Anyone whom is in bad situation or comes from a broken home should be provided with immediate social services
	to help We have a variation of different foundations that help people that also have a confidentiality policy There are people who appreciate who you are		Every school in Aruba needs a psychologist or a social worker



Law and Justice	Institutions for victims of crime are available	Prison sentences are far too low II	Increase prison sentences II
Police	We have punishable laws that for crime	Sexual assault is not taken serious enough for rapists to receive prison sentences II	More police vigilance
	We have a low criminality rate compared to other countries	Too many unsolved/closed cases regarding sexual assault / murder, etc.	Evaluate and raise heavier punishable laws III
		Criminals are not given adequate prison sentences, therefore they are consistently in and out of prison	Make an after prison program, in order to help them rehabilitate in our society a civil and wholesome person III
Law and Justice		Criminals are released from prison far too soon	If you end up in prison more than two occasions, you should remain there and serve a life sentence
Police			Give youngsters in prison guidance
(continued)			and help them rehabilitate into society when they finish their sentence



Law and Justice / Police (continued)	We have police and ambulance	Laws are far too long-standing to fit in our modern society Laws are not strict enough Spurious court cases Laws are not evaluated for protection of children Give conventions regarding life in prison, so that people are better educated and are less inclined to end up in prison Insufficient justice for crime against children II Punishable law for sexual assault is far too low Heavier consequences for driving under the influence Spurious workers in the department of justice who don't know how to do their job II Insufficient justice for youngsters in family cases Unable to trust police	Raise awareness of pedophilia and give victims of such assault the opportunity to speak up
	We have police and ambulance We have police that are eager to help people	Police pay attention to the wrong things II	More security at prison Police officers must recognize all kinds of crime



Health Care	We have organizations that provide you with methods to avoid pregnancy You receive free insulin/inspection/vaccination	Teenagers engage in sex through curiosity, but get pregnant due to insufficient sexual education	Educate young people through sexual education programs at school on how to engage safe sex If students happen to get pregnant, implement a day care system in which students can continue their education despite having a baby II Doctors must take mental health with serious intent
		We have a lot of police, but we still don't feel safe II Police don't make it on time II Insufficient police vigilance in the neighborhoods II Police needs to have greater methods for capturing sexual abusers of children Police doesn't do much about homeless people in the neighborhood that cause trouble Spurious police officers who don't know how to do their job Police abuse their authority II Police officers can be incredibly violent	



Assault and Harassment		People get physically/sexually assaulted and public services react when it's too late	Awareness programs about sexual/verbal/physical assault
		Unable to be around intoxicated people without the prospect of getting sexually assaulted	Give awareness classes in school regarding sexual/verbal/physical assault
		Unable to make it home safely without the prospect of getting physically assaulted	Make a television program regarding protection, your body and sexual/verbal/physical assault
		Many people are get physically/sexually assaulted	
		Cat call	
		Molestation of children	
		The waiting list of helping victims of molestation is far too long	
		Too many victims of physical/sexual/verbal assault and not enough social assistance	
School	Bullying in school has decreased due to awareness	People still engage in bullying at school II	Consequences for bullying/mistreatment of others in school
		Problems such as bullying or abuse in school is never resolved	If all students cooperate together, we can prevent the prospect of bullying



	Many schools have started to make use of security cameras	Insufficient security for teachers and students	
	School takes care of most things for a student	Class mentors tend to pick favorites between their students and mentally drain the ones that they don't like	Implement a new system in school in which students in need of help can communicate their troubles through the use of a safe box
	Teachers check-up on the students	Students are not provided with sufficient help to their issues	Teachers must be given trainings to be equipped and prepared to
		Protection matters regarding students are confidential between staff and teachers	handle difficult matters that students may have
		I don't feel safe in school because of what people say about me	Teachers must pay more attention to students in need of it
		Ridiculed by the people in your circle of friends	Annual school programs that touch topics such as sexuality, abuse, drugs, yes's and no's
			More after school programs
			More after school activities to keep students interested and active in good things
		I don't feel safe on school bus	
		Bad implementation of 'Leerplicht'	
Disability		People have a tendency to underestimate people with disabilities	Bring awareness campaigns regarding people with disabilities



		and treat them as if they were insignificant Many people with disabilities feel unwanted Parents prostitute their disabled children for money People with down syndrome or disabilities are ridiculed in our society	and how to be cautious of it in a humane way More seminars that provide information about people with disabilities, for society to have better understanding
			Every school and public spaces must be wheelchair accessible Must adapt places in architectural way to accommodate people in wheelchair/unable to walk
Community	There will always be someone who can relate to what you are going through We are a small island, because of the fact that most people know each other, if anything were to happen to a person; it can be resolved	Unable to be yourself due to fear of judgment IIII Too much envy on people No confidentiality, rumors everywhere Peer pressure People can be very sensitive Unity doesn't exist in our society Too much hate not enough love	Safer environments that are free of judgment to be ourselves More space for us to express ourselves openly We must teach people to respect each other We need to be united as an island to prevent bad occurrences from repeating itself
Misc.	When you are secure of yourself, that's when you feel safe Firefighters do their job	Government does not care about children	